

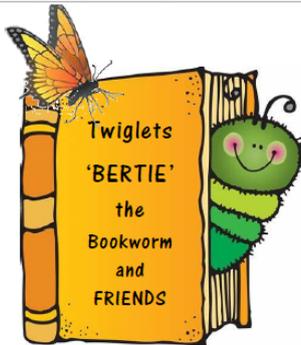


Twiglets

Children's Garden Club



Why try to explain miracles to children when you can have them plant a garden. ~ JANET KILBURN PHILLIPS



TWIGLETS WORKBOOK

LAUNCH DATE : 29 JANUARY 2021

3 - 5 years of age



Hello and welcome to the first Twiglets Workbook!

We hope you are all safe and well as we start 2021 back in lockdown - on the positive, the lockdown of 2020 is the cause for the creation of the Twiglets gardening club for children!

Twigs gardening club (for adults) has been running for over 10 years so it's about time we branched out.

Home schooling was a challenge for most people and many of us went outside to find inspiration in nature - how many of you grew flowers and vegetables last year with your children? And wasn't it a really fun way to learn about the world around us - children just love to get their hands dirty and with gardening this is a must!

Gardening can be as big or small as you like so it is an activity accessible to everyone - if you have a window-sill - you can have a 'garden'.

Being in nature has been proven to increase feelings of wellbeing as well as reducing stress, and providing a feeling of accomplishment and pride when our efforts with the soil start to show in the form of tiny shoots appearing and the promise of the fruits or flowers to follow!

February in the garden is all about the promise of Spring to come as the first flowers start to appear in the form of snowdrops, crocuses and daffodils, read on for more ideas of how to enjoy your winter garden, get prepared for spring and learn about the wildlife at this time of year.



Liz Wilton-Patrick **Garden Club project organiser/media**

Contact details: lizwilton@hotmail.com

This a **FREE COMMUNITY PROJECT** under Volunteering Matters - Supported by

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garden club project organiser: **Denise Hoy** tel: **01202 716429** email: deetrish12spot@gmail.com editor/admin: **Tricia Edwards**



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www.volunteeringmatters.org.uk Instagram [poole_vm](https://www.instagram.com/poole_vm)

February – What Can You Plant Now?

Sweet Peas

Sweet peas come in all sorts of colours from red, purple, lilac, white, pink and blue – you can colour in the sweet peas below in your favourite colours!

Sweet peas smell lovely and are good for cutting and using as bunches of flowers to give as gifts.

Bees and butterflies love the pollen in Sweet Pea flowers so look out for them when the flowers come.



What you will need:

Sweet pea seeds

Seed compost (or general purpose)

Toilet rolls tubes!!!

A tray or container to stand the tubes in.

How to:

Soak the seeds in warm water overnight – this helps them germinate quicker!

Lay the loo rolls on end in a seed tray. Fill each loo roll with soil and gently firm it down making sure there are no air gaps.

Place 2 or 3 seeds in each tube in the centre of the compost and push down about 2 cm (about up to knuckle on your pointing finger).

Cover the seeds over with a little extra soil and label the tray. Keep the tray on a window sill or somewhere cool.

Sweet peas don't need extra warmth to sprout shoots. They really are tough as old boots!

If you plant lots then you can even give the plants to other people as gifts!

Winter Garden Eye-Spy

Can you find the things below in your garden, or whilst out on a walk? Colour them in when you spot them and have a go at filling in the missing letters!



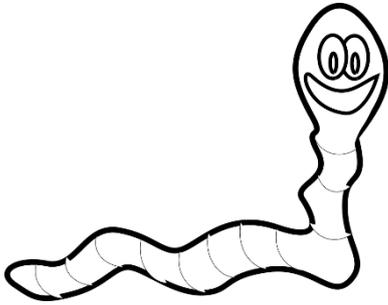
Spider W _ b



Spring B _ ds



B _ rries



Earth w _ rm



A Rob _ n



Lea _ es



Sn _ w Dr _ ps



Croc _ ses



Wo _ dli _ e

Bird Pancakes

Are you looking forward to pancake day? Who doesn't love pancakes, what's your favourite filling – mine is lemon and sugar, hmmm, yummy!

Do you know who else likes pancakes.....? (clue: they have feathers and a beak.....)

Yup, that's right – Birds!

Birds sometimes need extra food at this time of year as there are less insects around for them to eat and the ground can be frozen so its trickier for them to dig for worms (good news for worms...!)

Have a look at the recipe below to see how they like theirs and maybe try making some for the birds in your garden or outside space.

Recipe

1 x 250grams of lard mashed up in a bowl

3 teaspoons of peanut butter

4 tablespoons of bird seed.

Mix all ingredients in the bowl, then make some round balls.

Flatten the balls with the flat of the hand, put them into the freezer then leave one on the bird table at a time. Or put one on a window sill!

Count how many birds you see eating your birdie pancake!

Make a 'bunch of flowers' card for St Valentine's day

Handmade cards are the best, try out the idea below to make a card for someone special!

1. Fold a sheet of card or paper in half to make a blank card, green is good if you have it.
2. Draw around your hand on the front of this (spread your fingers as wide as you can!)
3. Draw a flower on each fingertip or cut some out of coloured paper, maybe stick-on buttons or use bits of material.
4. Add some leaves, a pot, a vase or a big bow and colour it all in!
5. Write inside the card or ask a grown up to help you.



Here is our card – complete with snow and firework rockets...!

Let your imagination run wild!

Garden Giggles!

- What did the bird say to the worm?
- I'll catch you later!

- What kind of bean never grows in a garden?
- A jelly bean!

- What is a frog's favourite flower?
- A Croak-us!

A DAISY SMILE FOR COLOURING

