Signs of Abuse
A brief reminder of some of the signs of possible harm or abuse

Physical:
- bruises, cuts, burns, scalds
- unlikely reasons for injuries

Psychological:
- tearful or defensive
- self harm
- extreme changes in behaviour

Sexual:
- inappropriate behaviours towards people (over-familiar)
- reluctance to be with a certain person

Financial:
- unexplained lack of money
- unexplained new items and new friendships
- unexplained bank activity

Neglect:
- poor weight, hygiene and clothing
- malnutrition or constant hunger
- hoarding

Grooming:
- unusual secretive behaviour
- change of emotions, withdrawn or volatile
- can also be used to radicalise vulnerable or at risk individuals