

# Signs of possible Harm or Abuse

A brief list of some of the signs of possible harm or abuse

## Physical:

- Bruises, cuts, burns, scalds
- Unlikely reasons for injuries



## Psychological:

- Low confidence or self-esteem
- Self-harm
- Neurotic behaviour



## Sexual:

- Sexualised play
- Reluctance to be with a certain person
- Injury to genital area



## Financial:

- Unexplained lack of money
- Unexplained new items and new friendships
- Unexplained bank activity



## Neglect:

- Poor weight, hygiene and clothing
- Malnutrition or constant hunger
- Hoarding



## Grooming:

- Unusual or secretive behaviour
- Change in emotions, withdrawn or volatile
- Can also be used to radicalise vulnerable or 'at risk' individuals

